

Social Story™

Adaptive Volleyball
Have-a-Go session





What is a social story?

A social story™ uses storytelling to explain new experiences and environment, helpful for people feeling nervous about attending a new place or event.

- Read the social story before visiting the new place or event.
- If reading to someone, help them understand key points.
- After the visit, re-read the social story to celebrate achievements.



This social story™ is for people attending the **Adaptive Volleyball Have-a-Go** session at the **Billy Dower Youth Centre** on 5 December 2024 between 3.30pm and 5pm.

The words 'youth centre' will be used for short when writing about the venue in this social story.



Adaptive volleyball provides an accessible and enjoyable way to play, with adjusted rules, equipment, and techniques.

Small changes in net height, ball type, and gameplay ensure a welcoming experience where everyone can connect, build skills, and stay active in a supportive team environment.



Someone from Volleyball WA will be at the session to show everyone how to play adaptive volleyball.

They will guide me on what to do. I can choose to participate if I want to, or I can watch.



If coming by car I can park close by. There is a car park out the front of the youth centre which has one ACROD parking bay.

There are two other ACROD bays out the front of the entrance to the Peel Thunder building.



I might come to the workshop by bus. There are bus stops near the youth centre on Dower Street.

I can check the Transperth Journey Planner for more information.

<https://www.transperth.wa.gov.au/Journey-Planner>



The Adaptive Volleyball session is part of the After School Drop-in program. To attend, I must be between 11 and 17 years old.

If I have a support worker, they can attend with me if I want them to.

My support worker must have a current Working with Children Card.



When I enter the youth centre, I will see a hall with seats on the sides and pictures and information on the walls.



The Adaptive Volleyball session will take place in the outdoor area.

To get there, I will go to the left and walk through the corridor. If I need any help, I can ask a Youth Officer.

There will be a sign in the hallway showing people where to go for the adaptive volleyball session.



The Youth Officers will be wearing black and yellow uniforms with the City of Mandurah logo on it.



After I walk to the end of the corridor, I will enter a room with couches, a pool table, and a ping pong table. From this room, I can go to the outside area.

If I want, I can spend some time in this room. I might decide to play a game or sit on the couch.



The outdoor area has a half basketball court. This is where the Adaptive Volleyball session will be.

I can get to the court by using either the ramp or the stairs.

There are shaded areas provided by trees.



If I need a break from the Adaptive Volleyball session, I can sit on a couch in the games room or take a break near the entrance of the youth centre.

I can return to the Adaptive Volleyball session when I feel ready.



There will be cupcakes available during the Adaptive Volleyball session.

These cupcakes are to help celebrate International Day of People with Disability, which is on 3 December each year.



The Adaptive Volleyball session will end at 5pm.

The After School Drop-in session continues until 6:30pm.

I can choose to leave the youth centre when Adaptive Volleyball finishes, or I might want to stay and check out the Drop-in session.



I might enjoy going to the Adaptive Volleyball have-a-go session at the youth centre.

I could learn something new and meet new people.

Contact

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