

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8am		Happy Walking Seniors		Happy Walking Seniors	
8.30am	Cards- Canasta & Euchre [3]	Snooker [3] Cards—Cribbage [3]	Scrabble [4]	Digital Help (Bookings essential) [4]	Mah-jong [3] Mexican Trains [4] Snooker [3]
8.45am	Yoga for Seniors [1]	Zumba Gold [1]		Jazz Dance [1]	Tai Chi [1]
9am	Painting with Watercolours [2]	China Painting [2]	Chiropractic Clinic [2] Wednesday Walk & Talk	Painting for Pleasure [2] Chair Yoga [3]	Social Drawing (All Welcome) [2]
9.30am			Strong On Your Feet [3] Digital Help (Bookings essential) [5]		
9.45am				Music Lovers Club (1st week monthly) [5]	
10am	Friendship Group[5] Tap Dance [1]	Cuppa Conversations (2nd Tuesday of month) (5) Jazz Dance [1]	Zumba Gold [1]	Jazz Dance [1]	
10.30am				Snooker [3]	
10.45am			Strong On Your Feet [3]		
11.15am	Drama/Glee Club [1]	Jazz Dance [1]	Line Dancing [1]		
12pm		Snooker [3]		Bingo [1]	Snooker [3]
12.30pm		Mexican Trains (Beginners Welcome) [4]	Darts [3]	Cards—Klaverjas [3]	
12.45pm	Carpet Bowls [1]		Carpet Bowls [1]		Carpet Bowls [1]
1pm	Cards—500 [3]	The Knit Wits [5] Table Tennis [1]	Paper Craft [2]	Creative Writing [4] Poker for Fun & Open Games [5]	Painting for Pleasure [2] Rummy-O [3]
1.30pm		U3A [2]		U3A [2]	Grey Matters Quiz (last Friday of month) (5)
2pm	Chiropractic Clinic [2]				

## Concert Days

1st Wednesday of the month in the Main Hall. Only \$5 for members

## Lunch

served 12pm daily, orders before 10.30am

## Coffee Spot

Open 8.30am-3pm meals made fresh to order until 1.30pm

## Locations

- (1) Main Hall
- (2) Craft Room
- (3) Games Room
- (4) Library
- (5) Dining Room

Activity	Day	Time	Room	Cost	Contact/ Information
Bingo	Thu	12-3pm	Main Hall	\$2 per book	Eyes down at 12.45pm
Cards—500	Mon	1-4pm	Games Room	NA	
Cards—Canasta & Euchre	Mon	8.30am-12pm	Games Room	NA	
Cards—Cribbage	Tue	8.30am-12pm	Games Room	NA	
Cards—Klaverjas	Thu	12.30am-4pm	Games Room	NA	
Carpet Bowls	Mon, Wed & Fri	12.45am-3pm	Main Hall	NA	
Chair Yoga	Thur	9-10am	Games Room	\$10 p/wk or \$8 paid 6 wkly	Carissa: 0420 693 124
China Painting	Tue	9am-12pm	Craft Room	\$5	
Cuppa Conversations	2nd Tues, monthly	10am—11am	Dining Room	NA	All welcome
Creative Writing	Thur	1pm-4pm	Library	NA	BYO writing tools
Darts	Wed	12.30pm-4pm	Games Room	NA	BYO darts
Digital Help	Wed & Thurs	9.30—11.30 noon & 8.30—11pm	Dining Room	NA	Bookings essential
Friendship Group	Mon	10 -11am	Dining Room	NA	Buy a cuppa for \$1.20
Glee/Drama Club	Mon	11.15-12.30pm	Main Hall	NA	No talent? No problem.
Grey Matters Monthly Quiz	Last Fri, monthly	1.15pm—2.45pm	Dining Room	\$2 per person	Tables up to 6 people or single
Happy Walking Seniors	Tue, Wed & Thu	Tue & Thu 8am Wed 9am	New locations weekly	NA	Beth 0488 437 777
Jazz Dance	Tue	10-11am & 11.15am-12.15pm	Main Hall	\$10 p/class	Allen: 0416 640 454
Jazz Dance	Thu	8.45-9.45am & 10-11am	Main Hall	\$10 p/class	Allen: 0416 640 454
Knit Wits	Tue	1-4pm	Dining Room	NA	BYO knitting or crochet
Line Dancing	Wed	11.15am-12.15pm	Main Hall	\$10 p/class	Teresa: 0408 913 944
Mah-jong	Fri	8.30am-12pm	Games Room	NA	
Mexican Trains	Tues & Fri	Tues 12.30pm, Fri 8.30am	Library	NA	
Music Lovers Club	1st Thur, monthly	9.45-11.30am	Dining Room	NA	No experience necessary
Painting for Pleasure	Thur, Fri	Thu 9am-12pm, Fri 1-4pm	Craft Room	NA	BYO paint & project (no oils please)
Painting with Water Colours	Mon	9am-12pm	Craft Room	NA	BYO paint & project
Paper Craft	Wed	1-4pm	Craft Room	Up to \$5 p/project	
Poker for Fun & Open Games	Thur	1-3pm	Dining Room	\$4 contribution for 2,000 chips	No cash out available, just play for fun
Rummy-O	Fri	1-4pm	Games Room	NA	
Scrabble	Wed	8.30am-12pm	Library	NA	
Snooker	Tue, Thu, Fri	All day Tue & Fri, Thu 10.30am-4pm	Games Room	NA	
Social Drawing	Fri	9am-12pm	Craft Room	NA	
Strong On Your Feet	Wed	9.30-10.30am & 10.45-11.45am	Games Room	NA	Doc referral req Jan 0427 088 615
Table Tennis	Tue	1pm—4pm	Main Hall	NA	BYO Paddle
Tai Chi	Fri	8.45-9.45am	Main Hall	\$10 p/class (paid monthly)	Paul: 9534 9919
Tap Dance	Mon	10-11am	Main Hall	\$10 p/class	Allen: 0416 640 454
U3A (University of the Third Age)	Tue & Thur	1.30-3.30pm	Craft Room	\$2 p/class + annual fees	Christine: 9537 6543
Yoga for Seniors	Mon	8:45-9:45am	Main Hall	\$10 p/wk or \$8 paid 6 wkly	Toni: 0407 735 029
Zumba Gold	Tue & Wed	Tue 8.45-9.45am, Wed 10-11am	Main Hall	\$10 per class	Teresa: 0458 131 271

Non –members must pay a \$5 daily visitor fee at administration

All information correct as of 2/09/2021