


























Aqua Fitness Timetable

February 17 - March 2

	Mon 17	Tue 18	Wed 19	Thurs 20	Fri 21	Sat 22	Sun 23
7.15am	 AQUA	 AQUA	 AQUA	 AQUA	 AQUA		
8.15am	 AQUA	 AQUA MAX	 AQUA	 AQUA ZUMBA	 AQUA ZUMBA	 AQUA	
6.00pm	 AQUA		 AQUA				
	Mon 24	Tue 25	Wed 26	Thurs 27	Fri 28	Sat 1	Sun 2
7.15am	 AQUA	 AQUA	 AQUA	 AQUA	 AQUA		
8.15am	 AQUA	 AQUA MAX	 AQUA	 AQUA ZUMBA	 AQUA ZUMBA	No Class	
6.00pm	 AQUA		 AQUA				

Class locations

 Indoor 25m pool

 Outdoor 50m Shallow

 Outdoor 50m Deep

