

MARC 50m Pool Allocations

Valid from October 2024

| | | |
|------------------|------------------|------------------|
| Monday | 50m | 2 x 25m |
| | 5.30am – 9.00am | 9.30am – 9.00pm |
| Tuesday | 25m | 50m |
| | 5.30am – 3.00pm | 3.30pm – 9.00pm |
| Wednesday | 50m | 2 x 25m |
| | 5.30am – 9.00am | 9.30am – 9.00pm |
| Thursday | 50m | 2 x 25m |
| | - | 5.30am – 9.00pm |
| Friday | 50m | 2 x 25m |
| | 5.30am – 8.30pm | - |
| Saturday | 50m | 2 x 25m |
| | - | 6.30am – 6.00pm |
| Sunday | 50m | 2 x 25m |
| | 7.30am – 10.00am | 10.30am – 6.00pm |

