

Social Story™

My Community Morning Tea





What is a social story?

A Social Story™ uses storytelling to explain new experiences and environments, helpful for people feeling nervous about attending a new place or event.

- Read the social story two weeks before the visit.
- If reading to someone, help them understand key points.
- After the visit, re-read the social story to celebrate achievements.



This Social Story™ has been written to assist people to prepare to attend the My Community Morning Tea event.

The My Community Morning Tea might help me meet new people and learn about activities in the community that I might want to try.



The My Community Morning Tea event is at the Mandurah Aquatic and Recreation Centre. Some people call this the MARC.

The street address is 303 Pinjarra Road, Mandurah.

My Community Morning Tea is a monthly event on the first or second Wednesday of the month from 10.30am to 12pm.



If I have a support worker, they are welcome to attend the My Community Morning Tea with me.



There are ACROD parking bays out the front of the MARC.

There are extra ACROD parking bays in the overflow parking area on the other side of Cemetery Road.



I will enter the event through the main entrance of the MARC.



When I arrive at the MARC I can ask for directions to the My Community Tea from a Customer Service Officer working at the front desk.



The My Community Morning Tea will be in the Events Foyer at the MARC, where there is lots of space for everyone.

To get there, I'll enter the MARC from the main entrance, walk past the café, and go down the corridor next to the basketball courts. At the end of the corridor, I'll turn right. There will be a sign to let me know I'm in the right place.



The My Community Morning Tea will have tea, coffee, water and fruit available. This will be provided at no cost.

I can bring my own drink and food if I prefer.



I can buy different things at the MARC café. The café has smoothies, juices, hot chips, salads, cakes, and more.

I will bring my own money if I want to buy something.



There will be mindful coloring sheets and pencils for me to use. I can also use the fidget tools to help me feel calm.



If I need a break during the MyCommunity Morning Tea, I can go to the Alfresco area.

The Alfresco area is a partly covered outdoor space. I can get there from the café seating area near the main entrance to the MARC.



There are male, female and accessible toilets at the MARC.

There is a Changing Places facility in the pool area.



There will be guest speakers at each My Community Morning Tea to share information about inclusive activities available at the MARC and in the wider community for people with disability.



Going to the My Community Tea might be fun, and I might learn about new things to do in my community.

Contact

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If you need help to speak or listen on the phone you can use the National Relay Service on 1300 555 727

For more information visit: relayservice.gov.au



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about access and inclusion at
the City of Mandurah.**

