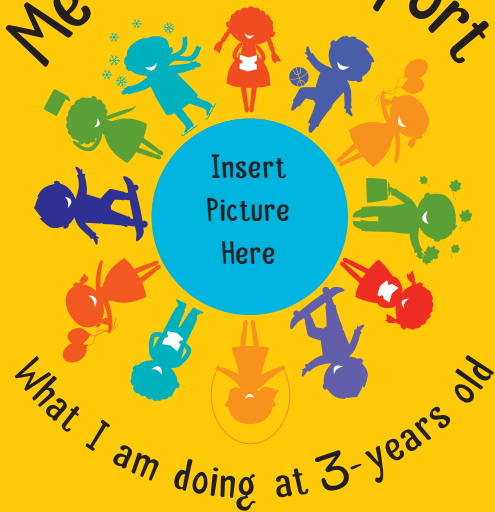


Me at 3 Passport



What I am doing at 3-years old

This book belongs to:



Supported By

THE PRINTING OF THIS BOOK WAS SPONSORED BY:

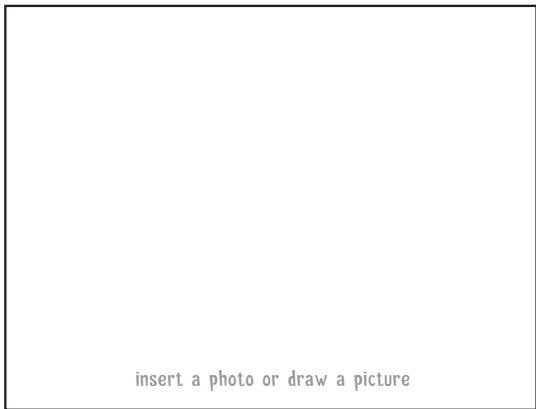


The Mandurah Early Years Group are collaborating to improve outcomes for children in the City of Mandurah
We are made up of members from community services,
local and state governments.

For more information please contact:
cdo@mandurah.wa.gov.au

ABOUT ME

Parent and Child to fill out



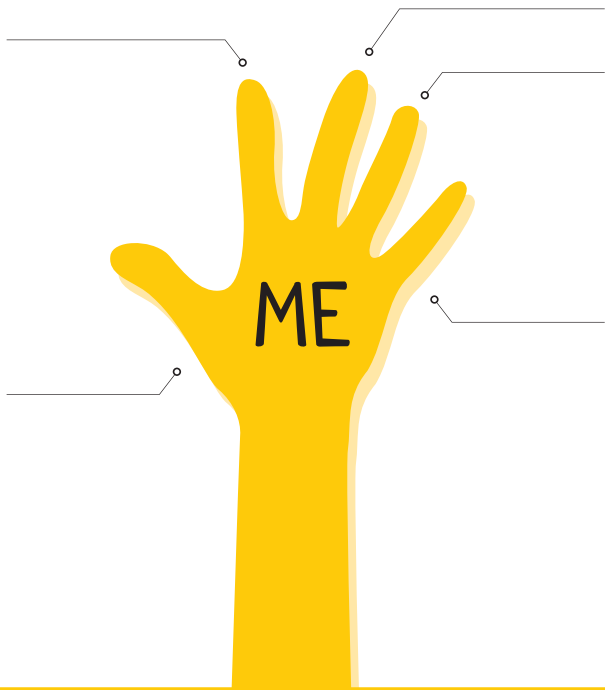
My favourite toy is _____

I enjoy _____

This book outlines the skills that 3 year olds can develop and encourages children and families to work together to meet developmental milestones.

MY NETWORK

When I need help I can ask?



Look what I can do!

Tick the box when I have done it.

I CAN:

Stand on one leg



I CAN:

Jump like a kangaroo
(both feet together)



I CAN:

Climb stairs one foot
at a time



Look what I can do!

Tick the box when I have done it.

I CAN:

Draw a vertical and horizontal line and attempt a circle



I CAN:

Build a tower with 8 or more blocks



I CAN:

Throw and stop a ball





I CAN:

Cut play-dough or paper
with scissors and help



I CAN:

Use cutlery



I CAN:

Undo a button by myself



Look what I can do!

Tick the box when I have done it.

Communication Skills

I CAN:

Tell people my name



I CAN:

Recognise 2 colours



I CAN:

Name things

(like car, dog or book)





I CAN:

Speak 5 word sentences



I CAN:

Follow instructions that
have 3 steps relating to
routines -

1. Go to your bedroom
2. Get your hat
3. Put it on



Look what I can do!

Tick the box when I have done it.

I CAN:

Put on my own clothes



I CAN:

Tell you how I feel with simple feelings like happy and sad



I CAN:

Wash and dry my own hands





I CAN:

Play imaginary games with others like puppet play, caring for dolls, being a favourite character



I CAN:

Start to share and take-turns when playing with others



I CAN:

Thread beads onto a shoelace



Look what I can do!

Tick the box when I have done it.

Gross Motor Skills

I KNOW:

What money is



I CAN:

Understand what bigger
and smaller mean

(e.g. I am bigger than an ant.)



I CAN:

Count to 10





I CAN:

Count 5 objects



I CAN:

Play games that include
imaginary objects (like imaginary
food when playing house)



I CAN:

Draw a face with eyes,
nose and a mouth



Contacts

Child Parent Centre Dudley Park – 9537 5603
www.childandparentcentres.wa.edu.au/dudley-park/

City of Mandurah Libraries – 9550 3650
www.mandurah.wa.gov.au/community/places/Libraries

OVIS Community Services – 9535 4775
ovis.org.au/

Parenting Connections – 0402 517 389
www.parentingconnectionwa.com.au/

Playgroup WA – 9228 8088
www.playgroupwa.com.au/

Peel Youth Services – 9581 3365
www.peelyouthservices.org.au/

Wanslea – 9245 2441
www.wanslea.asn.au/wanslea/contact/locations/mandurah/

Bright Tomorrows
www.brighttomorrows.org.au/

Bookings can be made on line:

<https://healthywa.wa.gov.au/Purple-Book-Appointments>

Or by phone: 1300 749 869

“The Me @ 3 passport was founded by the Peel Early Years Collective and implemented by Wanslea Early Learning and Development”

